

PSYCHIATRY RESOURCES

Berkshire Medical Center Psychiatry & Behavioral Health
Pittsfield, MA
(413) 447-2167
Various Insurances Accepted

Central Berkshire Psychiatry
440 South Street
(413) 464-7750
<https://www.berkshirepsych.com>
INSURANCE: Various Insurances

Greylock Mental Health
Psychiatry and Mental Health
(413) 664-4600
77 Hospital Ave, North Adams, MA 01247
Many Insurances accepted

SVMC Psychiatry
Bennington, VT
[\(802\) 442-8165](tel:8024428165)

Dr. Mallory, MD
Psychiatry
Lenox, MA
(413) 551-7155
<https://www.kmallorymd.com>
INSURANCE: Blue Cross & Cigna

Jesse A. Goodman, MD
Psychiatry
(413)637-2300
38 Church Street
Suite 101, Lenox, MA 01240
<https://goodman.md>
INSURANCE: Blue Cross Blue Shield, Medicare, or United Behavioral Health, your cost is the copayments and deductibles according to your plan
COST: \$280 per 45-minute session or \$375 per 60-minute session

Danielle Lamagna, NP
Psychiatric Nurse Practitioner
(413)384-5053
Handel Behavioral Health
51 Capital Drive
West Springfield, MA 01089
<https://hbhtherapy.com/counselors-appointments/>
-in person and online
INSURANCE: Aetna, BlueCross and BlueShield, Harvard Pilgrim, Health New England (HNE), Tufts
COST: \$250 per session

BetterHelp
www.betterhelp.com

Various Insurances accepted
Amalia F. Lee, MD
Psychiatry
(413)749-4719
235 Greenfield Road
Suite 3, South Deerfield, MA 01373

Natalie Bass, NP
-Psychiatric Nurse Practitioner,
(413)216-6080
Psychiatric Health & Wellness, LLC
175 Dwight Rd, Suite 303-C
Longmeadow, MA 01106
INSURANCE: Anthem/ Elevance, Blue Cross and Blue Shield, Harvard Pilgrim, Health New England (HNE), Optum, Tufts, UnitedHealthcare UHC/ UBH
COST: sliding scale available

Shalina Wray, NP
Psychiatric Nurse Practitioner,
(413)300-6823
Psychiatric Healthcare LLC
175 Dwight Road, Suite 303-C
Longmeadow, MA 01106
-in person and online
INSURANCE: Anthem/ Elevance, BlueCross and BlueShield, Cigna and Evernorth, Group Insurance Commission, Harvard Pilgrim, Health New England (HNE), Optum, Tufts, UnitedHealthcare UHC/ UBH
COST: sliding scale available

Jessica Daniels, MD
Psychiatrist
Greenfield, MA
(413)339-3678
INSURANCE: Out-of-network insurance

Rosie Fanale, NP
-Psychiatric Nurse Practitioner
(413)337-3049
Greenfield, MA
-in person and online
INSURANCE: Beacon Health Options/ Carelon, Mass Behavioral Partnership, Medicare, Out of Network
(currently working on obtaining BCBS MA, TUFTS, HARVARD Pilgrims and MASS HEALTH)

ADDITIONAL MENTAL HEALTH RESOURCES
CAN BE FOUND ON OUR WEBSITE AT
WWW.OHCOMMUNITY.ORG

Optimal Healing, LLC

Adams, MA

184 East Main Street, North